

The Pledge

Join the growing number of organisations who are pledging their support to the shared vision of a Trauma-informed & Responsive North Yorkshire & Humber.

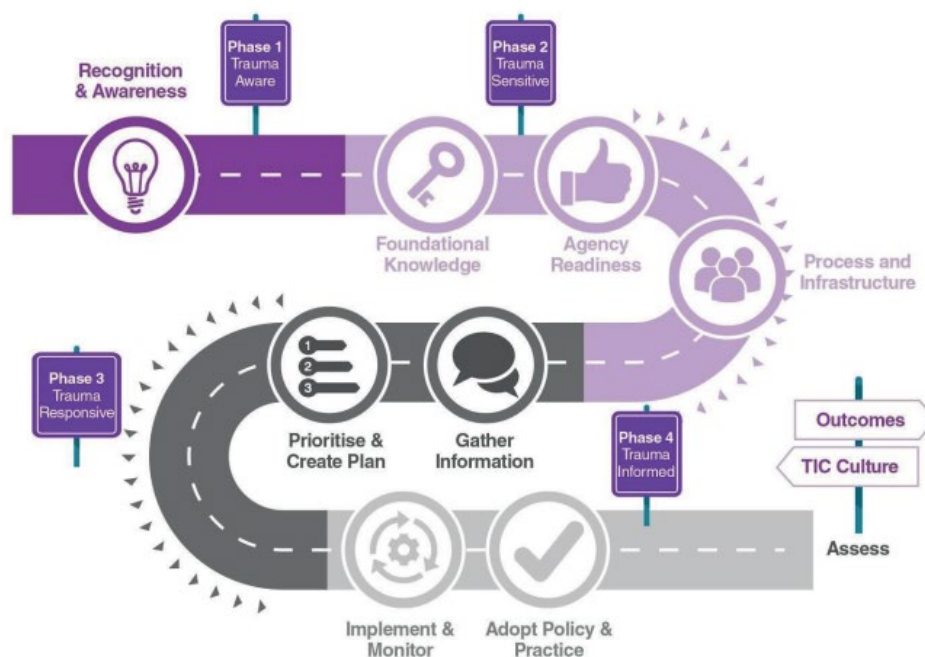
What is the pledge?

Trauma is a profound and global public health crisis. Agencies, services and organisations from across the county are joining the movement for a Trauma-informed & Responsive North Yorkshire & Humber. Bringing this shared vision into action will reduce the impact of physical and mental health issues, homelessness, the potential for county lines, child exploitation, serious violence, trauma, including intergenerational trauma, and adverse childhood experiences within our communities. With the intention to improve physical, social and emotional outcomes for all.

The request to system and organisational leaders is:

1. Sign the pledge to “Trauma-informed & Responsive North Yorkshire & Humber”. The pledge is flexible and recognises that different agencies will be at multiple starting points. There is no financial cost to signing the pledge.
2. Consider your organisational journey from trauma aware to trauma informed. Are you looking to use the Trauma-informed organisational development framework? Or, is there other help or support you will seek to help you to develop your organisation and practice plan?
3. Decide who will be your organisation’s representative on the newly formed “Trauma-informed & Responsive North Yorkshire & Humber Community of Practice” which will review, evaluate, and share knowledge and training across the entire North Yorkshire & Humber footprint.
4. Consider adopting a set of trauma informed principles or developing strategies and policies that incorporate the 4 R’s and 6 principles of trauma-informed practice within the context of the ARC framework.

The commitment required is demonstrated by this infographic:



The Four Rs of Trauma-Informed Care



This figure is adapted from: Substance Abuse and Mental Health Services Administration. (2014). SAMHSA's concept of trauma and Guidance for a trauma-informed approach. HHS publication no. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration.

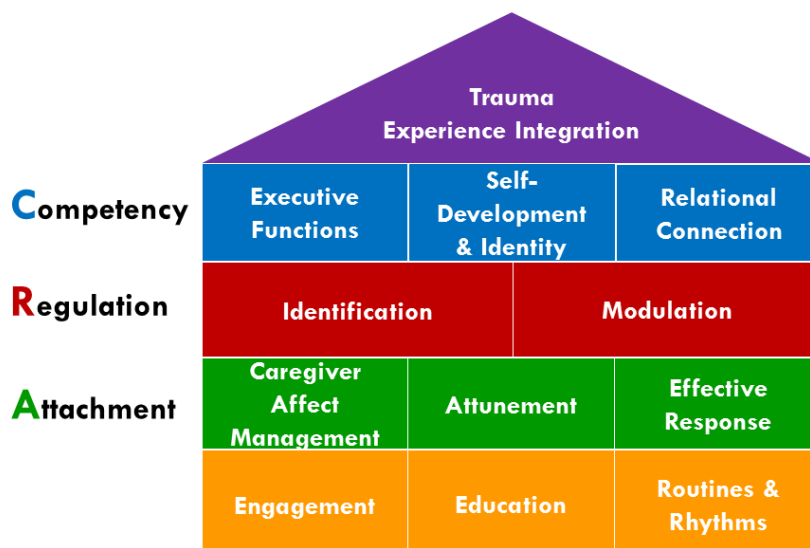
6 GUIDING PRINCIPLES TO A TRAUMA-INFORMED APPROACH

The CDC's Office of Public Health Preparedness and Response (OPHPR), in collaboration with SAMHSA's National Center for Trauma-Informed Care (NCTIC), developed and led a new training for OPHPR employees about the role of trauma-informed care during public health emergencies. The training aimed to increase responder awareness of the impact that trauma can have in the communities where they work. Participants learned SAMHSA'S six principles that guide a trauma-informed approach, including:



Adopting a trauma-informed approach is not accomplished through any single particular technique or checklist. It requires constant attention, caring awareness, sensitivity, and possibly a cultural change at an organizational level. On-going internal organizational assessment and quality improvement, as well as engagement with community stakeholders, will help to imbed this approach which can be augmented with organizational development and practice improvement. The training provided by OPHPR and NCTIC was the first step for CDC to view emergency preparedness and response through a trauma-informed lens.

ARC Framework



Graphic by Jeremy Karpen, 2017; Adapted from: ARC, Blaustein & Kinniburgh, 2010; Kinniburgh & Blaustein, 2005

Organisations signed up to the pledge to date include:

